

Tab 111

Throckmorton, Douglas C

From: Gest, Roblyn
Sent: Tuesday, January 28, 2003 1:55 PM
To: Temple, Robert; Throckmorton, Douglas C
Subject: Follow up to previous emails re: Neurology

Importance: High



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erfly.jpg

This is in followup to my other emails about the Neurology article re ephedra and hemorrhagic stroke. Joe Levitt believes it would be very instructive if you could provide an interpretation of this which will help Commissioner level and above as we discuss it. I read this as the author stating a three fold risk for daily use exceeding 32 milligrams and probably this in an underestimation. It is important to note that the vast majority of supplements suggest dosing that well exceeds 32 milligrams on a daily basis. For instance, Metabolife 356 claims 12 milligrams of ephedrine per caplet and recommends 1-2 caplets two to three times a day. Taking the upper end, this would result in 72 milligrams per day. We would appreciate your help as we think this through.

Buddy